

Practitioner Guide to CAMHS 'Tiers'

Tier 4 Children w o u l<u>d</u>

typically present with the most complex problems and require services with intensive theraputic input such as day units, highly specialised outpatient teams and in-patient units. These can include secure forensic adolescent units, eating disorders units, specialist neuro-psychiatric services, and other specialist teams. Usually Tier 3 make referrals to Tier 4. This service is currently provided by the 5 Boroughs Partnership and Cheshire and Wirral Partnership.

Tier 3 Specialist

Children would typically present with more severe, complex and persistent mental health problems and disorders that may require the input of a multi-disciplinary team. Tier 3 services are likely to include child and adolescent psychiatrists, social workers, clinical psychologists, community psychiatric nurses, and child psychotherapists for children & young people up to 18. This service is currently provided by 5 Boroughs Partnership with single point of access referral working in clinics, children's service or community settings. They offer a specialised service for C & YP with consultant input.

Tier 2 Targeted

These services are provided by a range of staff in community and prinmary care settings. They offer services to families and young people to assess, support and provide treatment or interventions. Children who require these services typically present with mild to moderate emotional or mental health problems and require professionals who have skills and knowledge with regards to supporting children with emotional difficulties. Often children will present with problems within the context of the child's life and experience. Tier 2 level of need can be addressed by a range of services such as Hear 4 U, Children's Counselling Service, Educational and Child Psychology, Primary Child Mental Health, Community Paediatrics. The CART service can help in identifying which service or professional may be best to address this level of need or direct you to a service that may help and support you to meet the need.

Tier 1 Universal

Services provided by staff working in universal services who would have an understanding of basic mental health and emotional wellbeing issues. Children who present with needs such as issues relating to friendships, the emotional impact of life events such as bereavement, loss, separation change and transitions should be met by all professionals offering some general advice and intervention for these low level emotional problems. Helping, supporting and enabling them to manage these events is the role of all the wider children's workforce of GP's, Teacher, School Nurse, Youth Provision Worker, Health Visitors and others. Often supporting a child with a tier one need, requires the adult to understand the child, its age and stage of development and by offering reassurance, listening and reflecting back would not require a referral onto other services.

Tier 1 Universal

Service name

GP, teacher, school nurses, Health Visitors, Youth workers such as Catch 22 Universal Provision

Tier 2 Targeted

What does it do?

Provide general advice and intervention for low level emotional problems. Meeting C&YP's needs requires the adult to understand the child, its age and stage of development and by offering reassurance, listening and reflecting back would not require a referral onto other services. How to refer/contact the service

Direct contact by the parent/carer, child/young person

What does it do? How to refer/contact the service Service name Halton Children's Social 0151 907 8305 (out of hours after 5pm and all Processes all telephone/e-mails/ letter referrals and information requests for children with a Halton. A qualified Social Worker will make a decision weekend 0345 050 0148) Care – Contact and Referral Team (CART) on the most appropriate service for a child in line with Halton Level of includes IWST Need Framework. Contact and Referral Team Social Workers will also offer safeguarding guidance and advice, regarding the making of referrals. Primary CAMHS Training & Consultation / Liaison to any professional who works with Referral by any professional to PCAMH The Bridges Learning Centre, Crow Wood Health Park, (PCAMHS) children and young people. Direct Work for children and young people who present with mild to Crow Wood Lane. Widnes WA8 3LZ moderate mental health difficulties such as anxiety or low mood. Where Tel 0151 495 5095 Fax 0151 257 9231 the difficulties have been present for less than 6 months and the mental health difficulty is not due to wider systemic problems. Healthy Weight: In conjunction with the Growth and Nutrition Service across Halton and St Helens. They offer a service to children and young people who have a mental health difficulty associated with being overweight or obese. This included the statutory education welfare service that becomes Attendance and Referral via the child's school or open referral to involved when children fail to attend school. This service also has the team on 0151 511 7146 Behaviour Service community support workers who can help schools to implement and understand the behavioural presentations of children. Both elements of this service can be accessed. Advice can be provided about exclusion from school. **Educational and Child** Help schools to assess, understand and address a Childs learning Referral is made by the Childs school directly to /behavioural and emotional needs. the educational psychologist allocated to the Psychology Service school. Referral via http://www.thelifecloud.net/las/Halton/spaces/HaltonPages-InclusiveLearningDivision-ProfessionalPage/ For children with additional needs that may require support to access **SEN (Special Educational** Referral via the child's school or parent referral **Needs)** Service education. This can include identifying an alternative education provision via http://www.thelifecloud.net/las/Halton/spacto meet that Child's individual needs. The additional needs included es/HaltonPages-Incphysical, emotional and psychological needs. lusiveLearningDivision-ProfessionalPage/ **Young Addaction** Offer one to one or group work support to children aged 10yrs to 19yrs. Referral via GP, School, CART, or self-referral They offer a wide range of support for children who themselves may be C-RMZ Kingsway Widnes WA8 7QE using substances or when they have a parent, carer or sibling who are or Tel: 0151 257 2520 have used substances. Or when there is a concern that the child may be vulnerable to substance misuse. They also provide support around reducing other risk taking behaviour e.g. sexual health/relationships. Barnardos Is an emotional health service for children and young people in Halton. Referral via GP or School or CART C-RMZ Kingsway Widnes WA8 7QE Hear 4 U Hear4U gives children and young people a chance to talk to an independent, trained counsellor about anything that is on their mind or is Tel: 0151 257 2520 causing difficulties. Barnardos Offers an emotional health service for children & young people in the care Referral via GP or School or CART Go 4ward of Halton Borough Council. Go4ward also works alongside carers and Go4ward C-RMZ Kingsway Widnes WA8 7QE other professionals as part of a supportive team response, tailored to the Tel: 0151 257 2520 individual needs and circumstances of each child and young person and their carers.

Tier 3 Specialist

These services are provided by 5 Boroughs Partnership: Single point of access and advice line for referrers 01925 579405 or visit 5boroughspartnership and search the site for CAMHS Assessment and Response Team Referral form

Tier 4

These services are provided by 5 Boroughs Partnership and referrals are only made from Tier 3